



What is Intimate Partner Violence?

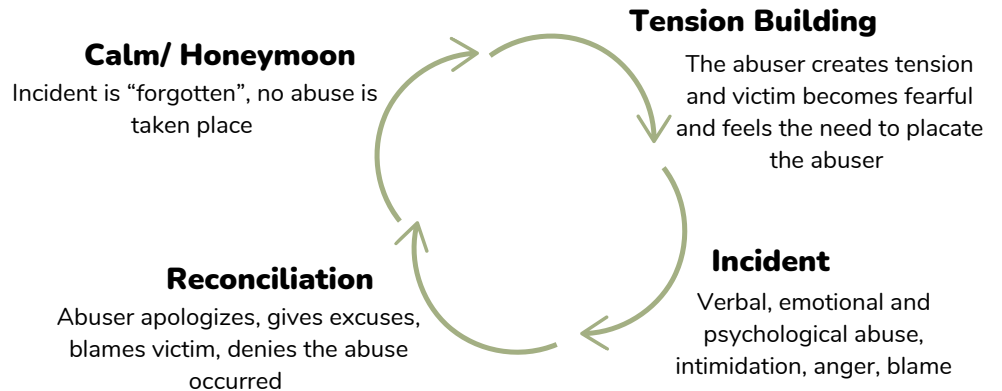
Intimate Partner Violence (IPV) is “behavior within a close relationship that causes physical, psychological or sexual harm; includes violence by both current and former partners”. We hope this resource guide can help support victims and supporters of victims as they navigate this difficult time.

25 years



69% of female and 53% of male victims have their 1st experience before this age

Cycle of Abuse



Types & Forms of Abuse



Economic Abuse



Sexual Abuse



Mental Abuse



Physical Abuse



Emotional Abuse

Signs of IPV

- The abuser may show extreme jealousy of the victim's friends or time spent away from them
- The abuser insults or shame the victim, especially in front of others
- They may prevent the victim from making their own decisions
- Control finances without discussion
- Destroy belongings or one's safe place
- Tell the victim that they never do anything right

Ways to Provide Support



Emotional Support

- Acknowledging that the situation is scary and difficult
- Not judging their decisions
- Remember it is not your job to “rescue” the victim
- Support them even if they do go back to their partner
- Help create a safety plan



Mental Support

- Help identify a support network to assist with physical needs (housing, food, healthcare)
- Help them create a “to-go bag” in case of an emergency
- Encourage them to reach out for help
- Help them learn about their legal rights

Resources & Support



1.800.799.SAFE (7233)



ASIAN TASK FORCE
Against Domestic Violence

24 Hrs Multilingual Hotline
617.338.2355